

The Friends Network, Inc.  
8 Peach Lake Road  
Brewster, NY 10509

## NEW ADULT PROGRAMS FROM



### ADULT MEDICAID WAIVER SUMMER AFTERNOON RESPITE PROGRAMS

**Arts & Crafts Tuesdays**

**Wacky Science/Martial  
Arts Wednesdays**

**Bowling Thursdays**

### ADULT SUMMER CAMP

**Adult Day-Hab/Recreation  
Respite Summer Camp at  
Sycamore Park in Mahopac**

**SEE BELOW  
FOR DETAILS!**

## ADULT SUMMER CAMP

### ADULT DAY-HAB / RECREATION RESPITE SUMMER CAMP AT SYCAMORE PARK

**790 Long Pond Road  
Mahopac, NY 10541**

August 16-20,  
9:30AM – 2:00PM  
August 23-27,  
9:30AM – 2:00PM

*Activities include:*

*Arts & Crafts • Basketball*

*Barbecue • Swimming*

*Talent Show • Boating*

*Ice Cream Sundae Afternoon*

*Scavenger Hunt • Tennis*

*Bocce • Camping*

*Skills*

*Pizza Party •*

*Softball*



(one time fee \$25 includes park passes and event materials.)

# Arts & Crafts Tuesdays

2:00-5:00PM  
July 6, 13, 20, 27  
August 3, 10

Activities include:  
Clay Modeling  
Painting  
Paper Mache  
Mosaic Tiling  
Diorama



One time materials fee: \$20

# Bowling at Carmel Lanes Thursdays

2:00-5:00PM  
July 8, 15, 22, 29  
August 5, 12

Bowl 3 games



Cost \$15 / week –  
includes shoe rental

# Wacky Science and Martial Arts Wednesdays

2:00-5:00PM  
July 7, 14, 21, 28  
August 4, 11

Two hour science projects include:  
CSI fingerprinting  
Molecule Madness  
Magnetism  
Osmosis  
Genetics  
Crystals  
Science Games



One hour martial arts instruction  
with Master Phil Sant:  
Martial Arts  
training is an  
excellent way to  
improve physical  
fitness, space  
perception,  
balance, agility,  
strength,  
coordination, and  
flexibility.



One time materials fee: \$20

# ADULT MEDICAID WAIVER SUMMER AFTERNOON RESPITE PROGRAMS

Six week summer afternoon recreation  
and respite program, Tuesdays through  
Thursdays, hours 2:00 – 5:00PM

I will attend:

- TUESDAYS  
(one time materials fee \$20)  
 WEDNESDAYS  
(one time materials fee \$20)  
 THURSDAYS  
(cost \$15 / week)

# DAY-HAB / RECREATION / RESPITE SUMMER CAMP

I will attend:

- August 16-20  
 August 23-27  
(one time fee \$25 includes park passes and  
event materials.)

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

City/State/Zip \_\_\_\_\_

Tel. \_\_\_\_\_

E-mail \_\_\_\_\_

(Please enclose check with any applicable fees)